

LEBANON TOWNSHIP SCHOOL DISTRICT

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March 31, 2020

Dear Parents,

Please encourage your child to **wear blue on Thursday, April 2, 2020** in honor of World Autism Awareness Day. Our goal is to “light it up blue.” Just like everyone else, people with Autism are all different. Our differences are what make us special and we will continue to embrace them at Valley View School.

How can we be a good friend to someone with Autism?

- **Include them:** They may want to play, but might not know how to ask! Sometimes you need to teach a person with Autism how to play a game.
- **Keep trying:** It may take extra time to get to know your friend with Autism. That is okay. Some days, he or she may need some extra space and you can try again tomorrow.
- **Someone with Autism may have different ways to communicate:** Instead of talking, they may point, or pull you over to a certain area that they want to play in.
- **Understand:** When a friend is stimming (flapping, jumping, or spinning around) they may just be trying to process the world around them and calm down. Sometimes, they may need some space.
- **Be patient:** Just because your friend with Autism is looking away doesn't mean they aren't listening to you.
- **Tell a grown-up:** Always tell an adult if you see or hear somebody being unkind.

We look forward to being able to “light it up blue” on Thursday, April 2, 2020.

In closing, thank you for your partnership, support, and assistance during remote learning. Please continue to keep us updated with individual needs and stay in touch with your child's teachers.

Sincerely,

Patricia A. Bell