

LEBANON TOWNSHIP SCHOOL DISTRICT

70 BUNNVALE ROAD*CALIFON, NJ 07830
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Dear Parents/Guardians,

Welcome to the Lebanon Township School District. The medical forms consist of the following, the Elementary Health History, Universal Child Health Record, Athletic Pre-Participation Physical Examination Form Part A: (Health History Questionnaire) and Part B: (The Physical Examination). For your convenience, we have also included an explanation of these forms, a list of the forms required by grade level and other miscellaneous information.

Students transferring into grades Pre-K – 3 are required to return the following forms: the Elementary Health History, the Universal Child Health Record and a record of immunizations.

Students transferring into grades 4 – 8 are required to return the following forms: Athletic Pre-Participation Physical Examination Form Part A: (Health History Questionnaire) and Part B: (The Physical Examination) and a record of immunizations.

Explanation of forms:

Elementary Health History: This form is completed by the parent/guardian. It requests specific information regarding allergies, operations and conditions or diseases your child has had or has. This information will be reviewed and other forms will be sent to you if additional information is required.

Universal Child Health Record (grades pre-K – 3):

The N.J. State Board of Education and the N.J. Board of Health and Senior Services require that all students transferring to a new school district have a physical examination. **This examination must be done no more than 365 days before entry and the completed form must be returned within 60 days of starting school.** Some medical practitioners use computerized printouts for physical exam records while others have their own forms. That is fine as long as it states somewhere on the physical exam form that your child may participate fully in all school activities, including physical education and competitive contact sports, unless otherwise noted. If it is not noted on the physical exam form, your medical practitioner may indicate that portion on the district's Universal Child Health Record. It is located near the bottom of the page above the area where a signature is required. If any part of the district's Universal Child Health Record is used it must be dated and signed by your medical practitioner. Please note that according to state law only an MD, DO, Physician's Assistant or Advanced Practice Nurse is permitted to submit physical exam findings to a NJ school.

Athletic Pre-Participation Physical Examination Form Part A: (Health History Questionnaire) and Part B: (The Physical Examination). **(grades 4 – 8):**

This state approved form meets the requirements for both school entry and the mandated physical required for participation in any **interscholastic or intramural sport during the school year. This examination must be done no more than 365 days before entry and no more than 365 days before the beginning of practice. The physical examination results and the health history must be documented on these forms.** The parent/guardian completes the health history questionnaire and your health care provider must review it. The physical examination form is to be completed by your health care provider and both forms must be returned to school after completion and **before any try-outs or practice sessions.** As required by N.J.A.C. 6A: 16-202(b), student athletic medical examinations must be conducted at the medical home of the student. A "medical home" is defined in N.J.A.C. 6A16-1.3 as a health care provider chosen by the student's parent or guardian for the provision of health care. Please note that according to state law only an MD, DO, Physician's Assistant or Advanced Practice Nurse is permitted to submit physical exam findings to a NJ school. Also note that school interscholastic and intramural soccer and field hockey begin in September.

Other:

Immunization Record: This is a record of your child's immunizations. This information will be reviewed and you will be notified if additional vaccines are required, as mandated, by NJ law.

Mantoux Test: Some children will be required to have a Mantoux (TB) test. Once your child's medical file has been received from the sending district, it will be reviewed and you will be notified if your child is in need of this test.

Medication during school hours: Medication can only be given in accordance with NJ law. Different medications may require different forms. Prior to seeing your medical practitioner, contact your child's school nurse to discuss what forms will be required for your child.

All questions should be directed to your child's school nurse.

Sincerely,

Diane Schneck RN, CSN
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Woodglen School
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